



THE 200 METRE OPEN MEET

Hosted by Bishop's Stortford Swimming Club

MEET NOTES

LICENSED LEVEL 3 (3ER0038)

SATURDAY 23RD JANUARY 2010

- 1. THE COMPETITION:** This will be swum under ASA Law and Technical Rules of Racing and is licensed by the ASA East Region as a level 3 meet.
- 2. THE MEET:** This will be held at Braintree Swimming Centre, Charter Way, Braintree CM77 8YJ which is within the grounds of Freeport Shopping Centre. There is a selection of food outlets available here. The pool has eight lanes and fully complies with level 3 meet requirements. It has electronic timing which is for information only, and anti-wave lane ropes as well as a spacious viewing gallery.
- 3. COMPETITORS:** All must be ASA Registered and have an ASA number validating that they belong to an affiliated club, **(category 2)**
- 4. ENTRY FEE:** This has been set at £4.00 per event. Individual entrants and those from small clubs must be on an official entry form (photocopies accepted) and must include the entrant's ASA registration number together with all entry fees. **All entries of 5 or more must be made electronically, this helps eliminate errors.** SPORTSYSTEMS Entry Manager is available on request from Pam Spratt at info@bsswimclub.org.uk or can be downloaded from our website www.bsswimclub.org.uk
- 5. THE EVENT:** The processing of entries will be run on a first come first served basis.
- 6. ENTRY CARDS:** This meet will operate without cards. Swimmers must report to the appropriate area and sign-in at least 45 minutes before the start of the first session. No late sign-ins will be accepted after the start of warm-up. Coaches, Team managers, and parents please note only the named swimmer should sign themselves in. Over the top starts will operate where applicable. As soon as possible after the closing date, written confirmation bearing details of each swimmer will be send via email for the accepted entries.
- 7. DATA PROTECTION ACT:** Swim meet entries and results will be managed on a computer, by submitting entries, consent is thereby assumed to hold, store and make public that information.
- 8. AGE GROUPS:** Girls 9, 10, 11, 12, 13 years. Boys 9, 10, 11, 12, 13, 14 years (Age as at 23rd January 2010)
- 9. EVENTS:** 200m all strokes + 200m Individual Medley. **All events are heat declared winners.**
- 10. QUALIFYING TIMES:** There are upper and lower limit qualifying times. Please note swimmers must have swum faster than the lower limit but no faster than the upper limit times. Heats will be swum with all age groups combined and swimmers seeded by entry times. The last heat of each event will be spearheaded. **PLEASE NOTE NO TIME = NO SWIM**
- 11. AWARDS:** These will be awarded to the top 6 in each individual age group

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- 12. COACHES' PASSES:** These must be purchased beforehand and will not be available on the day. Cost per pass is £8.00 which includes programme, and buffet meal between sessions. The officials and coaches room is located on the right hand side of the entrance foyer just past the stairs on the ground floor.
- 13. SAFETY AND SECURITY:** It is the responsibility of Coaches, Team managers and parents to ensure the safety of their swimmers. All swimmers should have an ASA Competitive start award and should obey all safety notices and announcements. The organisers and pool management reserve the right to remove any spectator or swimmer from the pool area whose behaviour is against the rules of the pool or the efficient running of the meet. Stewards will be patrolling the centre and anyone found causing damage or seriously misbehaving, will be banned from the meet and refused entry to the building. **At no time are swimmers permitted in the learner pool or the leisure pool. For health and safety reasons only small rucksack bags will be allowed poolside.** Lockers are available with a refundable £1 deposit. Any large bag will be removed by a clerk of the course. Neither B.S.S.C nor the pool management will be held responsible for any loss or damage to personal property.
- 14. POOLSIDE:** Poolside shoes and clothing are essential for all competitors, as swimmers will not be allowed in the spectator's area in wet swimwear. **At no time will glass containers or bottles be allowed on poolside.**
- 15. PHOTOGRAPHY:** In line with the recommendations in the ASA Child Protection Policy, the Event Organiser insists any person wishing to engage in any type of photography MUST register their details at the pay desk before carrying out any such photography.
- 16. LITTER:** Spectators and swimmers must place all litter in the receptacles provided.
- 17. RESULTS:** Will be posted poolside and in the spectator gallery. At the end of the meet results will be available to download from www.bsswimclub.org.uk
- 18. CAR PARKING:** There is ample free car parking.
- 19. CLOSING DATE:** Saturday 19th December 2009
- 20. PAYMENT:** Cheques should be made payable to B.S.S.C. (one cheque per club). If an entry has been submitted electronically only the summary sheet is required **do not** send entry forms.
- 21. RETURN ENTRIES:** The summary sheet and cheque should be sent to Mrs. Pam Spratt, 18 Honeybourne, Bishop's Stortford, Herts, CM23 4EF.

THE MEET DIRECTOR RESERVES THE RIGHT TO MAKE ANY CHANGES THAT MAY BE CONSIDERED NECESSARY FOR THE SMOOTH RUNNING AND DISCIPLINE OF THE MEET.

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