

ICEBREAKER 2010 Qualifying Times

Swimmers must have achieved times since July 1st 2009 faster than those listed below in order to enter.

		9	10/11	12/13	14/15	16+
BOYS EVENTS		Lower	Lower	Lower	Lower	Lower
Freestyle	50	42.00	39.00	33.50	30.00	29.00
Freestyle	100		01:26:00	01:10:00	01:03:00	01:01:00
Freestyle	200	03:20:00	02:56:00	02:34:00	02:16:00	02:12:00
Freestyle	400		06:16:00	05:05:00	04:44:00	04:30:00
Backstroke	100		01:40:00	01:31:00	01:16:00	01:15:00
Backstroke	200	03:30:00	03:25:00	02:55:00	02:42:00	02:36:00
Breaststroke	100		01:50:00	01:35:00	01:24:00	01:20:00
Breaststroke	200	04:00:00	03:46:00	03:35:00	03:10:00	03:08:00
Butterfly	100		01:44:00	01:21:00	01:11:00	01:08:00
Butterfly	200	04:00:00	03:50:00	03:12:00	02:45:00	02:40:00
Ind Medley	200	03:35:00	03:20:00	02:51:00	02:40:00	02:32:00
Ind Medley	400		06:15:00	06:00:00	05:55:00	05:45:00
GIRLS EVENTS						
Freestyle	50	42.00	38.00	35.00	33.00	32.00
Freestyle	100		01:23:00	01:11:00	01:09:00	01:08:00
Freestyle	200	03:10:00	02:55:00	02:34:00	02:28:00	02:27:00
Freestyle	400		06:10:00	05:30:00	05:28:00	05:20:00
Backstroke	100		01:34:00	01:25:00	01:19:00	01:17:00
Backstroke	200	03:50:00	03:30:00	02:58:00	02:51:00	02:44:00
Breaststroke	100		01:49:00	01:34:00	01:28:00	01:30:00
Breaststroke	200	03:50:00	03:30:00	03:17:00	03:05:00	03:02:00
Butterfly	100		01:40:00	01:24:00	01:20:00	01:17:00
Butterfly	200	04:00:00	03:30:00	03:12:00	02:45:00	02:40:00
Ind Medley	200	00:03:35	03:21:00	02:56:00	03:07:00	02:50:00
Ind Medley	400		06:15:00	06:00:00	05:45:00	05:40:00

ICEBREAKER 2010 UPPER LIMIT TIMES

Swimmers may not enter if they have achieved times faster than those listed below since July 1st 2009.

		9	10/11	12/13	14/15	16+
BOYS EVENTS		Upper	Upper	Upper	Upper	Upper
Freestyle	50	29:50	29:50	27:50	25:00	24:00
Freestyle	100		1:04:00	58:00	54:00	52:00
Freestyle	200	2:20	2:20	2:06	1:58	1:56
Freestyle	400		4:55.00	4:25.00	4:12.00	4:05.00
Backstroke	100		1:14.00	1:06.00	1:01.00	0:58.00
Backstroke	200	2:36.00	2:36.00	2:20.00	2:14.00	2:08.00
Breaststroke	100		1:25.00	1:16.00	1:08.00	1:05.00
Breaststroke	200	3:05.00	3:05.00	2:45.00	2:27.00	2:25.00
Butterfly	100		1:14.00	1:06.00	0:58.50	0:57.00
Butterfly	200	2:40.00	2:40.00	2:25.00	2:10.00	2:06.00
Ind Medley	200	2:40.00	2:40.00	2:24.00	2:12.00	2:09.00
Ind Medley	400		5:35.00	5:15.00	4:51.00	4:40.00
GIRLS EVENTS						
Freestyle	50	30.00	30.00	28.50	27.50	27.00
Freestyle	100		1:05.00	1:01.00	0:59.00	0:58.00
Freestyle	200	2:20.00	2:20.00	2:12.00	2:08.00	2:05.00
Freestyle	400		4:50.00	4:30.00	4:25.00	4:20.00
Backstroke	100		1:12.00	1:07.50	1:05.00	1:04.00
Backstroke	200	2:40.00	2:40.00	2:24.00	2:20.00	2:16.00
Breaststroke	100		1:24.00	1:17.00	1:15.00	1:14.00
Breaststroke	200	3:00.00	3:00.00	2:50.00	2:42.00	2:38.00
Butterfly	100		1:15.00	1:08.00	1:06.00	1:04.50
Butterfly	200	2:40.00	2:40.00	2:28.00	2:22.00	2:20.00
Ind Medley	200	2:45.00	2:45.00	2:28.00	2:25.00	2:21.00
Ind Medley	400		5:40.00	5:17.00	5:10.00	5:00.00

For the 800m and 1500m freestyle there will be no set times. Entries will be accepted for 3 heats of 1500m and 6 heats of 800m, consideration will be given to to all age groups. 9 year olds are not elligible to enter. Swimmers may not enter both events.