

Northampton Swimming Club Ltd Winter Festival Open Meet

(Affiliated to the ASA East Midland Region)

(Held under ASA Law and ASA Technical Rules)

Corby East Midlands, International Swimming Pool Fri 4th, Sat 5th and Sun 6th Dec 2009

Level 1 Meet (1EM9565)

Meet Information and Competition Rules

- 1) The competition is open to amateurs only as defined by the ASA and will be swum under ASA Laws and ASA Technical Rules. The promoter is Northampton Swimming Club Ltd.
- 2) The competition will be open to age groups 11/u, 12, 13, 14, 15/16, 17 and over (Male) and 11/u, 12, 13, 14/15, 17 and over (Female). Ages will be **age at date of gala** i.e. **age on 6th December 2009**. 9 Year olds are not permitted to enter 100m events.
- 3) This is not a first come first served meet. The promoter reserves the right to limit entries.
- 4) All events will be heat declared winners.;
- 5) The pool is 50 metres long and 8 lanes wide. We reserve the right to have "Over the top" starts.
- 6) Electronic timing will be in use. Swimmers must not leave the pool by climbing over the time pads.
- 7) An award will be made to the fastest 3 swimmers in each age group
- 8) All entry times should be converted to a 50m pool. Entries without entry times will be refused. No poolside entries will be accepted
- 9) The promoter reserves the right to limit entries.
- 10) The slowest competitors **may** be rejected if the meet is over subscribed.
- 11) This meet will operate as a cardless meet. Swimmers must register their intent to swim 45 minutes before the start of the session. This is to avoid heats with empty lanes. Swimmers failing to register in time **may** be excluded.
- 12) Competitors must report to the Competitor Stewards when they are called. Any competitor not reporting in time **may** be excluded.
- 13) Competitors will only be allowed on the poolside for the session in which they are competing and will only be allowed into the spectator area if wearing appropriate footwear and clothing.
- 14) Coaches packs are available for £20. They include programme, results sheets, food and refreshments. If a club has 10 or more swimmers entered, it is recommended that there is one pass per 10 swimmers.
- 15) The charge for spectators will be £3.50 per day. Programmes will be extra.
- 16) Result sheets will be posted after each event. Results sheets can be purchased on the day for a small charge. A full set can be emailed to you and will also be available on our website www.n-s-c.org.uk
- 17) Entries are to be made on the official entry form (photocopies accepted) and returned by the closing date of 30th October 20 09. Entry fees are £5.00 per event. Please make cheques payable to "Northampton Swimming Club Ltd". Please enclose a S.A.E for acceptance slips.
- 18) A swim shop will be in attendance.
- 19) Any point not covered in these rules is at the discretion of the organisers