

PROGRAMME OF EVENTS

SESSION 1

WARM UP 8.15AM (Sign in by 8.15am)

START 9.00AM

Event

- 1 GIRLS 100 METRE BUTTERFLY
- 2 BOYS 100 METRE BREASTSTROKE
- 3 GIRLS 100 METRE BACKSTROKE
- 4 BOYS 100 METRE FREESTYLE
- 5 GIRLS 100 METRE INDIVIDUAL MEDLEY

SESSION 2

WARM UP 1.15PM (Sign in by 1.15pm)

START 2PM

Event

- 6 BOYS 100 METRE BUTTERFLY
- 7 GIRLS 100 METRE BREASTSTROKE
- 8 BOYS 100 METRE BACKSTROKE
- 9 GIRLS 100 METRE FREESTYLE
- 10 BOYS 100 METRE INDIVIDUAL MEDLEY