

Orpington Ojays SC Licensed Open Meet 2008

Information for Competitors, Spectators & Coaches.

1. The pool is situated at Black Lion Leisure Centre, Mill Road, Gillingham, Kent.
Tel: 01634 283700.
2. The pool is 25 metres long with 6 lanes. All starts at the deep end.
3. One coach per 10 swimmers is allowed on poolside up to a maximum of two per club(provided a coaches pass has been paid for in advance.) Coaches will not be allowed on the poolside without a pass. Parents are not allowed on the poolside at any time.
4. Smoking is **NOT** allowed anywhere in the Sports Centre.
5. Results sheets will be available on the day at a small charge. (Full sets available after the event and on our website www.orpingtonojays.com)
6. Refreshments will be available from the cafeteria.
7. A Swim Shop will be open in the foyer during the event.
8. Anyone using a video camera must register their name and address at the entrance desk.
9. The Session times are as follows:

Session 1	Sign in before 8.45 am	Session 2	Sign in before 2.00 pm
	Warm up 8.30 am		Warm up 1.45 pm
	Events start 9.30 am		Events start 2.45 pm