

# Thurrock Swimming Club

## Junior Sprint Gala

### Programme- Sunday 13<sup>th</sup> July 2008

#### **Session 1**

**Warm-up 8.30am-Start 9.30am**

<b>Event 1</b>	<b>Girls</b>	<b>50m free</b>
<b>Event 2</b>	<b>Boys</b>	<b>50m brst</b>
<b>Event 3</b>	<b>Girls</b>	<b>100 IM</b>
<b>Event 4</b>	<b>Boys</b>	<b>200 IM</b>
<b>Event 5</b>	<b>Girls</b>	<b>50m Back</b>
<b>Event 6</b>	<b>Boys</b>	<b>50m Fly</b>

#### **FINALS**

#### **Session 2**

**Warm-up 1.15pm-Start 2.15pm**

<b>Event 1</b>	<b>Boys</b>	<b>50m Free</b>
<b>Event 2</b>	<b>Girls</b>	<b>50m Brst</b>
<b>Event 3</b>	<b>Boys</b>	<b>100 IM</b>
<b>Event 4</b>	<b>Girls</b>	<b>200 IM</b>
<b>Event 5</b>	<b>Boys</b>	<b>50m Back</b>
<b>Event 6</b>	<b>Girls</b>	<b>50m Fly</b>

#### **FINALS**

