



White Oak Swimming Club – News Letter March 2006

It doesn't seem possible but 3 months have passed since the last Club Champs. Christmas and New Year have been and gone and it is now time to look forward to that summer holiday.

So what has been happening at WOSC since December? We have much to celebrate and feel very proud of.

The following swimmers won their respective age groups for their performances during the 2005 club Championships:

U/10 Nancy Mawhood & George Walker

U/11 Rebecca Seal & Adam Fisher

U/12 Ellie Brett & Michael Turrell

U/14 Hannah Brett & Ross Fisher

U/17 Bethany Davys & Chris Rye

Open Rachel Mayes, Hannah Brett & Adam Freundlich

Most improved swimmer in silver squad was Reece Istead & Georgia Parfitt.

Coaches swimmer of the year was Hannah Brett.

Congratulations to you all for your success.

We have had some good performances at galas so far. We are currently second in the Millennium League after one event and finished a very close second in the Sparrow trophy gala at Sevenoaks.

Well done to all those that represented the club on these occasions.

Approximately 20 swimmers have achieved their times necessary to gain promotion to the next squad, which again is a terrific achievement. Well done to all concerned.

It is not just the swimmers who have been working hard, our coaches have been back to school resulting in Simon Coe and Andrew Chalmers gaining their level 2 ASA teaching certificate.

Simon obviously doesn't have enough to do as he was also one of three club members to reach the required standard to become an ASA qualified time keeper, the others being Tony Laurent & Steve Turrell. Congratulations to you all and stop watches at the ready!

The club has been well represented at the Kent Championships with many personal best times being attained and several medals being won. Well done to all on your achievements.

On another matter, congratulations to Suzie Hall who has probably worked harder than most or is about to. She gave birth to Amelia on the 6th February 2006 at a splashing weight of 7lb 14oz.

Dates for your diaries

26th April, 440 yds Club Champs.
1st May Stall at Hextable Junior School
21st June Club Champs.
Quiz night date to be confirmed.

Your club needs you

I am sure that you will all appreciate that there is a lot of work involved in ensuring that the club is run as smoothly as possible and fulfills its' gala commitments. We are looking for any parental help that you are able to offer whether it is administrative or helping out at galas or training. It does not matter if you are only able to spare small amounts of time any help will be gratefully appreciated.

Please see Liza Brett in the cafeteria on Wednesday nights or any of the coaches any time.

The Club will be running a stall at the Hextable Junior School May Day fair on 1st May. If any body is able to help with this please speak to Liza.

Swimming Equipment

Do not forget if you require any new swimming equipment the club shop is available on a Wednesday night when you are able to place an order. All prices are very competitive. See Frances on Wednesdays.

We also have a limited supply of good quality used fins available at reasonable prices.

If any body has any good quality fins, kickboards or pull buoys that are no longer used and they are willing to donate to the club please speak to Frances on a Wednesday.

Matters of interest

The club now has its own web site thanks to a lot of hard work by Paul Fisher, this has lots of useful information about the club and up and coming galas. You can access this at the following address www.wosc.co.uk. If anybody has any ideas for further things that should be added please speak to Paul Fisher or Steve Turrell.

If any swimmers have not received their free WOSC drinks bottle please speak to your coach.

Finally good luck to all participants in the Club Champs. tonight, and lets hope we have as much good news to report next time.

If you have any interesting items you would like to share please speak to Steve Turrell so that we can develop this publication further. All ideas are welcome. Please note that this newsletter will be available via the internet.